



MONEY BREAKTHROUGHS

A 21-day
money cleanse

JOY. ABUNDANCE. POSSIBILITY.

Make the commitment to shift habits

Week 3 | Transform

Part VIII – Make the commitment to shift habits

We are on the home stretch!

Today is all about committing. Go back through your worksheets from week two and pick three specific areas where you want to see a change.

Next, [use the worksheet](#) to define what systems and habits you want to focus on and what specific steps you need to take in order to make it happen. This could be everything from research, to setting up bank accounts, to hiring someone to help you.

Make a commitment over the next 90 days to follow through and shift your habits around money.

If you are stuck, or the one thing you really want to change seems too big or too scary, is there a smaller system or process you can focus on that will get you to your bigger goal? Baby steps are totally ok.



MONEY BREAKTHROUGHS

A 21-day
money cleanse

JOY. ABUNDANCE. POSSIBILITY.

Remember – no matter how big or small, every single conscious decision you make to improve your money habits will in turn improve your relationship with money.

[Follow this link to download the Make the Commitment to Shift Habits Worksheet](#)

Excited to see what you come up with!

A handwritten signature in black ink that reads "Candy". The signature is fluid and cursive, with a long horizontal stroke extending from the end.