



# MONEY BREAKTHROUGHS

A 21-day  
money cleanse

JOY. ABUNDANCE. POSSIBILITY.

## Investing in your future

### Week 2 | Create

#### Part VI – Investing in your future

So yesterday I talked a little about my excuses that sometimes hold me back. Today I want to talk about yours.

So many times, I see clients who approach their business and their life through the eyes of scarcity. This shows up in several ways – fear of spending money, fear of not finding enough or the right clients, or fear of making the “wrong” decision just to name a few.

I am not saying you shouldn't pay attention to where and how you spend your money, but there certainly is a line between cutting back vs. starving yourself and/or your business to the point you are not able to thrive.

What if money was infinite? What if there is always enough? What if you started making choices from a place of plenty and possibility rather than lack and scarcity?

In [today's worksheet](#), I want you to put on the lens of plenty. Where are you holding back out of fear? Where do you need support? If money was no longer an issue, what would you do differently?

So many times, I hear people say they can't make a change because it will cost them too much – either too much time, or too much money, or both. I see this a lot when people are debating about hiring a bookkeeper or a CPA. They think hiring someone will cost them too much money meanwhile



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they are losing lots of money because they don't have the right systems and habits in place to stop the money leaks.

This is just one example – there could be countless things you want to do, but for whatever reason you are holding back. My question is what is it costing you to NOT do it? Money, time, your sanity?

Where are you buying into this kind of story and it is actually costing you money?

Today I want you to focus on what you can do to invest in the things that make you money and save you time.

[Follow this link to download the Investing in Your Future Worksheet](#)

“Let nothing hold you back from creating the life you've always wanted.” Anonymous

XOXO

A handwritten signature in black ink that reads "Carolyn". The signature is fluid and cursive, with a long horizontal stroke extending to the right.